

**6-MONTH LIVING  
WORKSHOP**

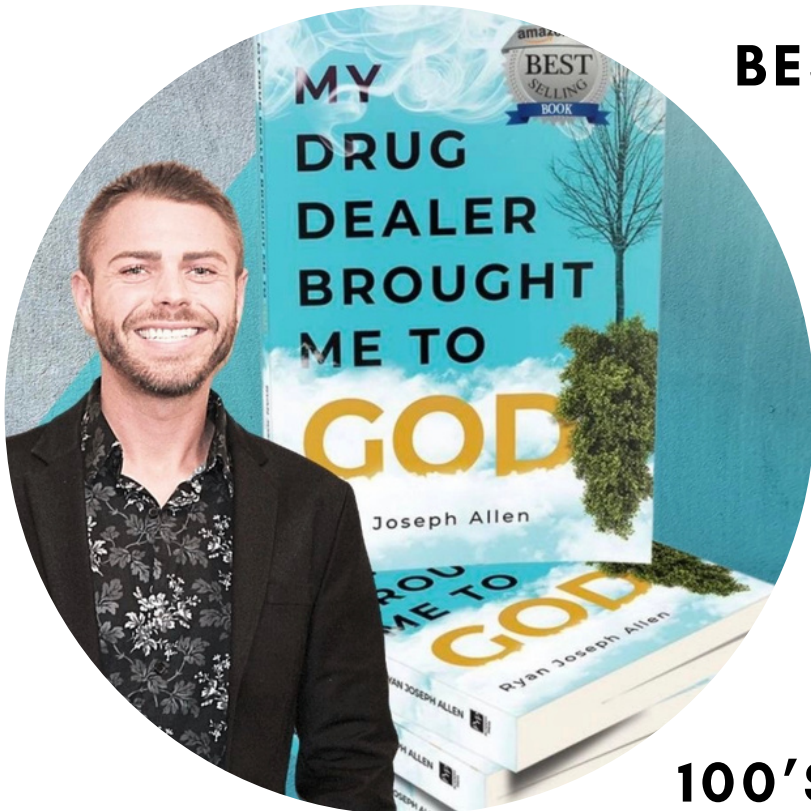
Elemental Journey



**Meet your Journey leader  
Dr. Ryan Joseph Allen, Ed.D.**

**EDUCATION: MBA, ED.D. RESEARCH FOCUS ON  
LGBTQ+ SPIRITUAL TRAUMA/GROWTH**

**100+ SPEAKING ENGAGEMENTS**



**BESTSELLING AUTHOR**

**10+ YEARS EXECUTIVE  
DIRECTOR EXPERIENCE**

**COFOUNDER OF 3  
NONPROFIT ORGANIZATIONS**

**SPIRITUALLY TRAINED HEALER IN  
KUNDALINI, BREATHWORK,  
SHAMANIC ELEMENTAL  
MEDICINE, MEDITATION, AND  
MINDFULNESS PRACTICES**

**100'S OF CLIENTS SERVED**

**FULL RESUME, RECOMMENDATIONS,  
SPEAKING SAMPLES, AND REGISTRATION  
INFORMATION ALL AVAILABLE AT  
[RYANJOSEPHALLEN.COM](http://RYANJOSEPHALLEN.COM)**