



# **RYAN JOSEPH ALLEN**

## **Author | Transformational Coach**

### **Commitment agreement for participation in Dream Manifesting Portal 6-month living workshop for gay-identifying men**

Commitments of Dreamers:

- 6-month daily involvement (exception of Saturday which is our sacred pause day every week)
- Share daily embodiment
- Join via Zoom a Dreamer Connection Call once a week (60-minutes)
- Understanding and embracing the 4 agreements (always do your best, don't take things personally, never make assumptions, and be impeccable with your word) and 9 alignments (love, trust, commitment, confidentiality, prudence, clarity, focus, communication, and respect) in your shares and embodiments of the elements.

Requirements of Dreamers

- Must self-identify as a gay man (for clarity, transgender individuals identifying as males who are same-sex attracted are gay men)
- Willingness to cultivate and share your dreams
- Daily and weekly commitments for consecutive 26-weeks (sacred pauses available upon request for big life shifts and changes including but not limited to: moving, divorce/separation, death, illness, illness of family member, travel, health crisis, natural disaster, and emergencies of other kinds self-identified by participant).
- Upholding community standards including the 4 agreements and 9 alignments

By signing this commitment letter I agree to all the terms and conditions listed above. Any violation of the commitments and requirements above could result in removal from the Dream Manifesting Portal group at the discernment of the facilitator or Journey Leader at any time with no refund offered.

**DR. RYAN JOSEPH ALLEN**

CEO | Ryan Joseph Allen, LLC

Signature

Printed name

Date

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